

Week of July 5th - July 9th

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Orange Juice Crispix Cereal Blueberry Muffin Milk	Seasonal Fresh Fruit Sausage Biscuit Milk	Blended 100% Juice Honey Nut Scooters Cereal 1 slice of Whole Wheat Toast <i>Margarine and Jelly</i> Milk	Peaches English Muffin <i>Margarine and jelly</i> Scrambled Egg Milk	Orange Wedges Waffles Syrup Milk
Lunch/ Supper	Sliced Turkey Roll <i>Margarine</i> Broccoli Pears Black eye peas Milk	Midnight Sandwich (Pork. Ham. Swiss Cheese. Pickles) 1 sand.= 1-1/2 oz. mt/mt alt. and 1 brd. for 1-5 yr. olds; 2 oz. mt/mt alt. and 1 brd for 6-1 2 yr. olds <i>Lowfat</i> <i>Mayonnaise & Mustard</i> Mashed Potatoes Cooked Baby Carrots Milk	•Salisbury Steak <i>Gravy</i> Roll Tossed Salad (Lettuce & Tomato) <i>Lowfat</i> <i>Ranch Dressing</i> Peas and Carrots Milk	Picadillo Rice 1 slice of Cuban Bread Sliced Tomatoes Yucca Milk	*Chicken Nuggets <i>Ketchup</i> Whole Wheat Bread Green Beans Coleslaw Milk
Snack	Cuban Crackers- Cheese Slice	Yogurt <i>Flavored 4oz.</i> <i>cup</i> Mixed Fruit	Graham Crackers Applesauce	Peanut Butter Banana Milk	Grape Juice Fish Shaped Crackers (1 svg = 20 grams for all ages)

Serv. = serving; mt/mt alt. = meat/meat alternate; brd. = bread